

March 4-5, 2023 The San Francisco Yacht Club Belvedere, California

Sailing Instructions

(NOR attached at bottom)

The regatta will be organized and hosted by The San Francisco Yacht Club.

1 Changes to the Sailing Instructions

- 1.1 Any changes to the sailing instructions will be posted on the official notice board. Changes may be announced and posted immediately after the competitors' meeting. On Sunday, any changes to the sailing instructions will be posted before 1000 hours, with the exception of changes to the racing schedule, which will be posted by 1800 on Saturday.
- 1.2 Instructions to the Opti Green Fleet, CFJs and Teras will be made orally on the water by the signal boat.

2 Communications with Competitors

- 2.1 Notices will be posted on the official notice board, in outside of the SFYC Youth Classroom
- 2.2 Boats observed OCS at the start will not be notified verbally.

3 Signals Made Ashore

- 3.1 Signals made ashore will be displayed from the flagstaff near the Youth Dock.
- 3.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in Race Signal 'AP.'

4 Class Flags

The class flags will be:

C420 - F (foxtrot)

Lasers (Radial and Full) – R (romeo)

Opti Champ – Opti insignia on a white background

The Opti Green Fleet, CFJ and Tera fleets will not have class flags and will use RRS Appendix U (Audible-Signal Racing System.)

5 Courses

- 5.1 The diagram and course descriptions on the attached course chart show the courses including the order in which the marks are to be passed, and the side on which each mark is to be left.
- 5.2 The race committee boat will display a numerical course placard, except for the Opti Green Fleet, CFJs, and Teras whose course selection will be made orally.

6 Marks

- 6.1 The rounding and gate marks will be red inflatable marks, with the exception of mark 1 for the Championship Optis, which will be a yellow inflatable mark.
- 6.2 The marks for Opti Green Fleet, CFJs and Teras will be orange balls.

7 The Start

- 7.1 Races will be started using RRS 26 (except for Opti Green, CFJ and Tera fleets, which will use RRS Appendix U (Audible-Signal Racing System)).
- 7.2 The starting line will be between a staff or halyard from which an orange flag is displayed on the race committee signal boat at the starboard end, and a yellow mark at the port end.
- 7.3 A boat shall not start later than 4 minutes after her starting signal.

8 Change of the Next Leg of the Course

To change the position of the next mark or the course, the race committee may move a mark not yet rounded (or move the finishing line). Any mark to be rounded after rounding the new mark may be relocated without further signaling to maintain the course configuration.

9 The Finish

The finishing line will be between an orange ball, on the opposite side of the race committee signal boat from the starting mark, and a staff or halyard displaying a blue flag on the race committee signal boat.

10 Time Limit

The time limit will be 60 minutes for the first boat to sail the course and finish. Boats failing to finish within 15 minutes after the first boat in their fleet sails the course and finishes will be scored DNF.

11 Hearing Requests

- 11.1 Upon finishing each race, boats wishing to request a hearing shall immediately notify the race committee boat at the finishing line of their intention to protest and the sail number of the protested boat.
- 11.2 All hearing requests shall be filed at the Race Office no later than thirty minutes after the finish boat docking time. The docking time will be posted on the official notice board.
- 11.3 Hearings will be heard in the approximate order of receipt. The time and place of protest hearings will be posted within thirty minutes after the end of protest time. This is the notice required by RRS 63.

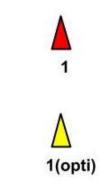
12 Safety

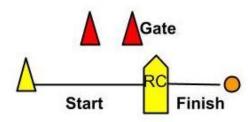
- 12.1 If a competitor leaves the racing area before the end of racing each day, he/she shall notify the race committee or a support boat before retiring. If unable to notify the race committee afloat, they shall notify an SFYC person ashore before leaving the harbor area.
- 12.2 [DP] All boats shall be towed to and from the racecourse.

13 Support/Coach Boats

- 13.1 [DP] All support boats must also act as safety boats. All support boats shall have adequate first aid and safety gear aboard, as well as a marine VHF radio on channel 65A.
- 13.2 [DP} Coaches, spectators, and other support personnel shall not enter the racing area while boats are racing, unless assisting a competitor who is in danger or requested to do so by the race committee, except for Opti Green Fleet coaches who may coach the back 50% of the fleet on the course per class rules.

COURSE DIAGRAM





Marks 1 are rounding marks, and shall be left to port.

To round the gate boats shall pass through the gate from the direction of the previous mark and round either mark.

COURSES

2: **Start** – 1 – **Finish**

4: Start – 1 – gate – 1 – Finish

------ End of Sailing Instructions

Notice of Race

Organizing Authority: The San Francisco Yacht Club, Belvedere, California

1 Rules

- 1.1 This regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS).
- 1.2 [DP] All participants in this regatta shall wear a US Coast Guard approved personal flotation device (PFD) at all times while on the water, except for brief periods while adding or removing other clothing.

Violation of this rule will result in a protest by the race committee, and may result in a protest committee decision up to disqualification from the entire regatta.

2 Sailing Instructions

Sailing instructions will be available online after 1800 hours on March 1. They will be posted on the official notice board on site, but there will be no printed sailing instructions provided.

3 Eligibility and Entry

- 3.1 This regatta is open to the following classes: C420, CFJ, Laser, Laser Radial, RS Tera, Optimist Championship, Optimist Green.
- 3.2 Eligible boats may enter by completing the online entry found at bayareayouthsailing.org. A late fee of \$20 per sailor will apply to registrations completed after February 28. Registrations are not complete until they have been paid and a sail number listed (except opti green fleet). No entries will be accepted after 1700 hours on March 3. There will be NO ON-SITE registration.
- 3.3 Competitors shall enter their sail numbers into the Clubspot registration platform no later than 1700 hours on March 3. Boats (except opti green fleet) without sail numbers after this time will be charged a \$40 late fee before they will be scored. "Sail number changes" requested after this deadline and prior to racing will incur a \$20 processing fee before they are entered and scored (except opti green fleet).

4 Fees

- 4.1 The entry fee is \$60 per sailor, which includes Saturday BBQ, Sunday snacks and trophies.
- 4.2 Payment shall be made by credit card online at the time of registration.

5 Schedule

Saturday

Sucuracy		
	1000	Competitors' meeting (Inside course meeting to follow)
	1200	First warning (3 races scheduled)
	1700	BBQ at SFYC Cove House
Sunday	1200	First warning (3 races scheduled)
	1500	No races to start after
	Trophy presentation and snacks after racing at SFYC Cove	
	House	

6 Venue

- 6.1 The primary race area for the C420, Laser, Laser Radial and Optimist Championship classes (Outside course) will be Southampton Shoal. Based on weather conditions Richardson Bay or Belvedere Cove may be used as alternate race areas.
- 6.2 The Optimist Green Fleet, RS Tera, and CFJ fleets (Inside course) will race in Belvedere Cove. Based on weather conditions Richardson Bay may be used as an alternate race area.

7 Courses

The courses will be described in the sailing instructions, and will be windward-leeward type courses.

8 Scoring

- 8.1 When fewer than 5 races are completed a boat's series score will be the total of her race scores. When 5 or more races are completed a boat's series score will be the total of her race scores excluding her worst score.
- 8.2 6 races are scheduled. 1 race will constitute a regatta. The Optimist Green Fleet, RS Tera, and CFJ fleet may sail more races at the discretion of their PRO.

9 Disclaimer of Liability

Competitors participate in the event entirely at their own risk and subject to the terms and conditions of the SFYC liability waiver.

RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

10 Parking

Parking in the SFYC lot will be limited to SFYC Members and visiting trailers only. Trailers will need to be parked in the south end of the lot as tightly together as possible. Coachboats may be launched at SFYC.

11 Additional Information

SFYC Contact: Abby Featherstone at youth@sfyc.org in the Youth Office at 415-435-9525.

PRO: Forrest Gay, forrest@sfyc.org

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SPECIAL CLUB RULES

• All competitors and visitors must abide by all of the special Club rules that may be in effect, while on Club property (ie: docks, parking lot, clubhouse/deck, etc).