

THE SAN FRANCISCO YACHT CLUB



98 BEACH ROAD, PO BOX 379, BELVEDERE, CALIFORNIA 94920 RACE OFFICE 415-789-5647

2023 EXPRESS 37 NATIONAL CHAMPIONSHIP

October 13-15

NOTICE OF RACE

Organizing Authority: The San Francisco Yacht Club, Belvedere, California

1 RULES

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing* (RRS).
- 1.2 Rule 40.1 applies at all times when boats are in the racing area.
- 1.3 The sailing instructions may change additional racing rules.

2 SAILING INSTRUCTIONS

The sailing instructions will be available online at www.sfyc.org, and at the SFYC bar area after 1600 hours on October 11.

3 COMMUNICATION

- 3.1 Competitors should monitor VHF USA channel 65A for on the water communication by the race committee.
- 3.2 While racing, except in an emergency, or when retiring from a race, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4 ELIGIBILITY AND ENTRY

- 4.1 The regatta is open to boats of the Express 37 class that are owned or chartered by a member or members of the Express 37 Class Association.
- 4.2 Eligible boats may enter by completing the online registration found at www.sfyc.org under On the Water > Regattas.
- 4.3 No entries will be accepted after October 6.
- 4.4 The submission of completed and signed copies of the crew weight and required equipment forms must be received by the Class Secretary prior to 1800 hours on October 13.

5 FEES

- 5.1 The entry fee is \$450 if received on or before September 28. The entry fee includes Saturday dinner tickets for all sailors.
- 5.2 The entry fee is \$525 if received after September 28.
- 5.3 Boats may enter the long-distance race only, for an entry fee of \$50.

6 SCHEDULE

Friday

- 0930 hours: Skippers' Meeting at SFYC Cove House
- 1130 hours: First warning signal; Long-Distance race to follow one buoy race,

conditions permitting.

- 1800 hours: Beer and snacks at the SFYC lawn

Saturday

- 1200 hours: First warning signal; two races scheduled
- Nationals Reception/BBQ after racing at SFYC

Sunday

- 1200 hours: First warning signal, remaining races to follow
- No warning signal will be made after 1500 hours
- After racing: Trophy presentation at Cove House with snacks and beer

7 MEASUREMENT

- 7.1 All boats shall conform to class measurement requirements and weight restrictions.
- 7.2 All crewmembers shall be weighed. Weigh-in times are:
- Thursday, October 12: 1700 and 2000 hours.
 - Friday, October 13: 0800 and 0900 hours.
 - “One off” weigh-ins will be provided each day for one-day sailors. The fleet measurer must approve all crew substitutions and weights.

8 VENUE AND COURSES

- 8.1 The regatta will take place in conjunction with the Express 27 Nationals. Windward/leeward style races will take place at the following race venues:
Friday - West of Alcatraz
Saturday - Berkeley Circle
Sunday - Knox, west of Angel Island
- 8.2 The long-distance race will start in the vicinity west of Alcatraz and may go to the vicinity of Pt. Bonita and/or around standard YRA marks in the central bay.

9 PENALTY SYSTEM

- 9.1 RRS Appendix V1 applies.
- 9.2 Unless the course is shortened at the windward mark, penalties for incidents that take place while in the zone of the windward mark or on the offset leg may be delayed and taken as soon as possible after rounding the offset mark. This changes RRS 44.2.

10 SCORING

- 10.1 3 races must be completed to constitute a series.
- 10.2 6 races are scheduled, and a boat’s series score will be the total of her race scores. No scores will be excluded.

11 BERTHING

[DP] Berthing will be available at The San Francisco Yacht Club guest docks from Thursday, October 12 through Monday, October 16.

12 HAUL-OUT RESTRICTIONS

[DP] All boats shall return to The San Francisco Yacht Club after Friday and Saturday’s races and are required to remain in the water from the beginning of racing on Friday through the last race on Sunday, unless the PRO has approved a written request for haul out.

13 RISK STATEMENT

Competitors participate in the event entirely at their own risk and subject to the terms and conditions of the SFYC liability waiver.

RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

14 INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$100,000 per incident or the equivalent.

15 PRIZES

15.1 Trophies will be awarded for 1st through 3rd place.

15.2 The Express 37 National Championship Perpetual Trophy will be awarded to the top finishing boat.

16 FURTHER INFORMATION

SFYC Race Office: race@sfyc.org - 415-789-5647

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PARKING

Parking in the SFYC lot will be restricted during the regatta. Three parking passes will be issued per boat. Passes may be picked up at the Race Office on Thursday, or at the parking lot entrance on Friday morning.

SOCIAL

- Beer and snacks will be provided each day after racing.
- Saturday BBQ tickets will be included with each entry for sailors. Additional tickets may be purchased online at registration.